

## HEALTHCARE YOUR WAY

Consult A Doctor 24/7 sets members free from the high cost of healthcare and makes healthcare much more accessible, convenient and cost effective. This valuable benefit gives members access to doctors 24/7 by phone, email, video and mobile application PLUS a suite of online health tools that members love. Save valuable time and money. Never wait for a doctor again!



### WHY USE CONSULT A DOCTOR 24/7?



#### On-demand healthcare

Wherever and whenever, as often as members need it



#### Save time

Avoid driving, waiting for an appointment or sitting at the doctor's office



#### Save money

Save hundreds or thousands of dollars by replacing unnecessary doctor's office, urgent care or ER visits



#### Top Doctors

U.S.-based, licensed, experienced and highly qualified

### 5 EASY WAYS TO CONSULT 24/7

#### BY PHONE

800-DOC-CONSULT (800-362-2667)

1

#### On Call

- ✓ Connect to a doctor in as little as 2 minutes
- ✓ Receive medical advice and recommendations

2

#### Priority

- ✓ A doctor will call you back in as little as 30 minutes (1 hour guaranteed)
- ✓ Obtain a diagnosis, treatment plan and prescription, including refills\*

3

#### By Appointment

- ✓ Just like a Priority Consultation
- ✓ Set a time that fits your schedule, Monday - Friday
- ✓ Next day appointments available

Consult A Doctor 24/7 is not health insurance and does not replace your primary care doctor. Consult A Doctor 24/7 doctors do not prescribe controlled medications. If you have an emergency, please dial 911. All services are HIPAA-compliant.

#### ONLINE

[www.ConsultADoctor.com](http://www.ConsultADoctor.com)

4

#### E-Consult

- ✓ Consult with a doctor discreetly by secure messaging
- ✓ Receive a response within 2-4 hours (24 hours guaranteed)
- ✓ Get expert information and advice regarding important medical questions

5

#### Video Consult

- ✓ Face-to-face video consult
- ✓ Obtain a diagnosis, treatment plan and prescription, including refills\*

\*Members must complete a Medical Assessment prior to a Priority or By Appointment consultation. There is no guarantee that members will receive prescription medication, diagnosis or treatment plan.

## 24/7 DOCTOR CONSULTATIONS BY PHONE, EMAIL, VIDEO OR MOBILE APP



### Members Love Consult A Doctor 24/7

"Hey, just wanted to let you know that I used this yesterday for my son. Saved me TIME, saved me MISSED WORK, and saved me MONEY! It was so easy. I just wanted to tell you how much I appreciate this extra benefit!" — Michelle, Employee, Mom, Family Care Taker



**Call:** 800-DOC-CONSULT (800-362-2667)

**Click:** [www.ConsultADoctor.com](http://www.ConsultADoctor.com)

## NEVER WAIT FOR A DOCTOR AGAIN

## TALK WITH A DOCTOR ANYTIME, 24/7

With Consult A Doctor 24/7, members can talk with a doctor *anytime* about non-emergent medical conditions. This convenient and affordable virtual care service provides members immediate access to doctors via telephone, secure e-mail, video or mobile app.

### WHEN TO USE

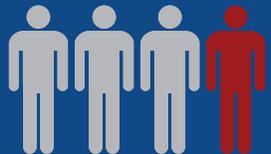
- ✓ Primary care doctor is not available or accessible
- ✓ After normal business hours, evenings and weekends
- ✓ When traveling for business or vacation
- ✓ To request needed prescription (Rx) medication or refill\*
- ✓ For non-emergent medical questions/advice
- ✓ When seeking a second opinion
- ✓ When seeking advice about an existing condition
- ✓ For lab results or wellness panels

### THE BENEFITS

-  **SAVE TIME** – Avoid waiting for an appointment or driving, sitting and waiting in doctor's office for hours.
-  **SAVE MONEY** – Lowest cost alternative to the doctor's office, urgent care or emergency room.
-  **PEACE OF MIND** – Faster resolution to your health symptoms. A doctor is always a call or click away, 24/7.
-  **ALWAYS THERE** – U.S. Board certified doctors are there for members night or day, for unparalleled nationwide medical care and advice.

### OUR DOCTORS

- + **EXPERIENCED.** Average over 10 years of experience
- + **PROGRESSIVE.** Specially trained in telemedicine
- + **QUALIFIED.** Board Certified and State Licensed
- + **COMPASSIONATE.** Professional and knowledgeable
- + **QUALITY REVIEWED.** Consultations monitored to assure quality care standards

 **3 OUT OF 4**  
people want online access to virtual care services



OVER **96%** MEMBER SATISFACTION

## POWERFUL ONLINE & MOBILE TOOLS

My Personal Health Manager is a secure member health portal complete with interactive, self-serve tools and powerful resources and capabilities that help members get and stay healthy. Medical information and 24/7 doctor consultations have never been easier.



### MY PERSONAL HEALTH MANAGER



#### Click to Call

1-click to consult with a doctor. 24/7. Fast and easy.



#### Health Library

Expansive, reliable health content on a wide range of topics.



#### Symptom Checker

Interactive tool to narrow down a condition or an illness.



#### Health Risk Tools

Tools to guide members to optimal health and disease prevention.



#### Interactive Health Tools

Stop smoking, learn about diet, nutrition, healthy lifestyle and more.



#### Consult Center

Schedule appointments, send secure messages, request medication and refills\*



#### Personal Health Records

Securely store critical health information and medical history

\* If appropriate

### iDR 24/7



**For Members,** iDr 24/7 makes access to healthcare even easier. It's like having a doctor in your pocket. The same convenient capabilities from the palm of your hand. Consult with board-certified doctors 24/7. No waiting. No driving. No kidding!

DOWNLOAD NOW!



### COMMON CONDITIONS TREATED

When your primary care doctor is not accessible or available for acute conditions like:

- ✓ Cold/Flu
- ✓ Sinus infections
- ✓ Bronchitis
- ✓ Allergies
- ✓ Headaches
- ✓ Pediatrics
- ✓ OB/GYN
- ✓ Stomach Ache/Diarrhea
- ✓ Eye/ear infections
- ✓ Rash/Skin Irritation
- ✓ Upper Respiratory Infections
- ✓ Urinary Tract Infections
- ✓ Yeast Infection
- ✓ And more...

OVER **70%** SAVED TIME AND MONEY!