

HEALTHCARE YOUR WAY

Consult A Doctor 24/7 sets members free from the high cost of healthcare and makes healthcare much more accessible, convenient and cost effective. This valuable benefit gives members access to doctors 24/7 by phone, email, video and mobile application PLUS a suite of online health tools that members love. Save valuable time and money. Never wait for a doctor again!



WHY USE CONSULT A DOCTOR 24/7?



On-demand healthcare

Wherever and whenever, as often as members need it



Save money

Save hundreds or thousands of dollars by replacing unnecessary doctor's office, urgent care or ER visits



Save time

Avoid driving, waiting for an appointment or sitting at the doctor's office



Top Doctors

U.S.-based, licensed, experienced and highly qualified

5 EASY WAYS TO CONSULT 24/7

BY PHONE



800-DOC-CONSULT (800-362-2667)

1

On Call



- ✓ Connect to a doctor in as little as 2 minutes
- ✓ Receive medical advice and recommendations

2

Priority



- ✓ A doctor will call you back in as little as 30 minutes (1 hour guaranteed)
- ✓ Obtain a diagnosis, treatment plan and prescription, including refills*

3

By Appointment



- ✓ Just like a Priority Consultation
- ✓ Set a time that fits your schedule, Monday – Friday
- ✓ Next day appointments available

Consult A Doctor 24/7 is not health insurance and does not replace your primary care doctor. Consult A Doctor 24/7 doctors do not prescribe controlled medications. If you have an emergency, please dial 911. All services are HIPAA-compliant.

ONLINE



www.ConsultADoctor.com

4

E-Consult



- ✓ Consult with a doctor discreetly by secure messaging
- ✓ Receive a response within 2-4 hours (24 hours guaranteed)
- ✓ Get expert information and advice regarding important medical questions

5

Video Consult



- ✓ Face-to-face video consult
- ✓ Obtain a diagnosis, treatment plan and prescription, including refills*

*Members must complete a Medical Assessment prior to a Priority or By Appointment consultation. There is no guarantee that members will receive prescription medication, diagnosis or treatment plan.

24/7 DOCTOR CONSULTATIONS BY PHONE, EMAIL, VIDEO OR MOBILE APP



Members Love Consult A Doctor 24/7

"Hey, just wanted to let you know that I used this yesterday for my son. Saved me TIME, saved me MISSED WORK, and saved me MONEY! It was so easy. I just wanted to tell you how much I appreciate this extra benefit!" — Michelle,
Employee, Mom, Family Care Taker



Call: 800-DOC-CONSULT
(800-362-2667)

Click: www.ConsultADoctor.com

NEVER WAIT FOR A DOCTOR AGAIN

TALK WITH A DOCTOR ANYTIME, 24/7

With Consult A Doctor 24/7, members can talk with a doctor *anytime* about non-emergent medical conditions. This convenient and affordable virtual care service provides members immediate access to doctors via telephone, secure e-mail, video or mobile app.

WHEN TO USE

- ✓ Primary care doctor is not available or accessible
- ✓ After normal business hours, evenings and weekends
- ✓ When traveling for business or vacation
- ✓ To request needed prescription (Rx) medication or refill*
- ✓ For non-emergent medical questions/advice
- ✓ When seeking a second opinion
- ✓ When seeking advice about an existing condition
- ✓ For lab results or wellness panels

THE BENEFITS



SAVE TIME – Avoid waiting for an appointment or driving, sitting and waiting in doctor's office for hours.



SAVE MONEY – Lowest cost alternative to the doctor's office, urgent care or emergency room.



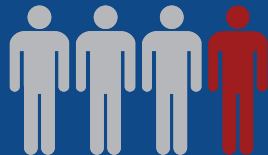
PEACE OF MIND – Faster resolution to your health symptoms. A doctor is always a call or click away, 24/7.



ALWAYS THERE – U.S. Board certified doctors are there for members night or day, for unparalleled nationwide medical care and advice.

OUR DOCTORS

- + **EXPERIENCED.** Average over 10 years of experience
- + **PROGRESSIVE.** Specially trained in telemedicine
- + **QUALIFIED.** Board Certified and State Licensed
- + **COMPASSIONATE.** Professional and knowledgeable
- + **QUALITY REVIEWED.** Consultations monitored to assure quality care standards



3 OUT OF 4
people want online access to virtual care services



OVER **96%** MEMBER SATISFACTION

POWERFUL ONLINE & MOBILE TOOLS

My Personal Health Manager is a secure member health portal complete with interactive, self-serve tools and powerful resources and capabilities that help members get and stay healthy. Medical information and 24/7 doctor consultations have never been easier.



MY PERSONAL HEALTH MANAGER



Click to Call

1-click to consult with a doctor. 24/7. Fast and easy.



Health Library

Expansive, reliable health content on a wide range of topics.



Symptom Checker

Interactive tool to narrow down a condition or an illness.



Health Risk Tools

Tools to guide members to optimal health and disease prevention.



Interactive Health Tools

Stop smoking, learn about diet, nutrition, healthy lifestyle and more.



Consult Center

Schedule appointments, send secure messages, request medication and refills*



Personal Health Records

Securely store critical health information and medical history

* If appropriate

iDR 24/7



For Members, iDr 24/7 makes access to healthcare even easier. It's like having a doctor in your pocket. The same convenient capabilities from the palm of your hand. Consult with board-certified doctors 24/7. No waiting. No driving. No kidding!

DOWNLOAD NOW!



COMMON CONDITIONS TREATED

When your primary care doctor is not accessible or available for acute conditions like:

- | | | |
|--------------------|-------------------------|--------------------------------|
| ✓ Cold/Flu | ✓ Pediatrics | ✓ Upper Respiratory Infections |
| ✓ Sinus infections | ✓ OB/GYN | ✓ Urinary Tract Infections |
| ✓ Bronchitis | ✓ Stomach Ache/Diarrhea | ✓ Yeast Infection |
| ✓ Allergies | ✓ Eye/ear infections | ✓ And more... |
| ✓ Headaches | ✓ Rash/Skin Irritation | |

OVER **70%** SAVED TIME AND MONEY!